



# Captain D's

## LUNCH and DINNER

### GRILLED ENTREES

Served with your choice of 2 vegetables, a breadstick and a beverage

- White Fish
- Tilapia
- Shrimp Skewers
- Salmon

Each served over 1/2 cup of steamed rice

### GRILLED SANDWICH MEALS

Served with your choice of 2 vegetables and a beverage

- Grilled White Fish on a bun
- Tilapia on a bun
- Salmon on a bun

### VEGETABLES

- Green Beans
- Broccoli
- Corn on the Cob
- Baked Potato
- Cole Slaw
- Side Salad with dressing



## BEVERAGES

Milk, Coffee, Iced Tea, Soda, Water

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A program supported by the Administration on Aging to promote nutrition and reduce isolation **through a partnership with Area Agency on Aging 3 and Captain D's.**

Tip/gratuity is not included, please consider this when enjoying the services of this restaurant.



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