



Henry's Ottawa

A program supported by the Administration on Aging to promote nutrition and reduce isolation **through a partnership with Area Agency on Aging 3 and Henry's of Ottawa.**

BREAKFAST

(Served until 2pm)

Two eggs, hash browns, bacon or sausage links, fruit and toast
or
2 hotcakes or French toast, bacon or sausage links, fruit

LUNCH SPECIALS: Served with 2 sides and a dinner roll

Monday - Fish Dinner

Tuesday - Baked Chicken Dinner

Wednesday - Baked Steak Dinner

Thursday - Liver and Onion Dinner

Friday - Fish Dinner

LUNCH AND DINNER

Salad Bar: All you can eat with soup. Make sure to add proteins like meat and eggs, veggies, fruit, bread and dairy

Henry's Salad Plate: Chicken Salad served on a bed of lettuce, fruit and a muffin

SANDWICHES

Served with your choice of potato or vegetable and fruit

Hamburger/Cheeseburger: served with lettuce and tomato

Lightly breaded Fish Sandwich: served with lettuce and tomato

Bacon, Lettuce, and Tomato or Grilled Cheese: your choice of toast

Grilled Chicken Sandwich: served with lettuce and tomato

Meatloaf Sandwich: served on a bun



ENTREES: served with potato, vegetable and fruit

Fish Dinner
Meatloaf Dinner
Shrimp Dinner
Ham Dinner
Fried Chicken Dinner
Chopped Sirloin Dinner
Grilled Chicken Dinner
Beef Manhattan
Turkey Manhattan

Potato Choices:

Mashed Potatoes
Hash Browns
Home Fries
French Fries
Sweet Potato Fries
Baked Potato
Baked Sweet Potato
(after 4pm)

Vegetable Choices:

Baked Beans
Green Beans
Broccoli
Cole Slaw
Tossed Salad
Cup of Soup
Corn

Fruit Choices:

Applesauce
Baked Apples
Fruit of the day

BEVERAGES: Milk, Coffee, Iced Tea, Hot Tea, Pepsi Products

Tip/gratuity is not included, please consider this when enjoying the services of this restaurant.



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