



Apollo Garden Café

1 Protein (palm size and thickness) or mixed entrée your choice (1 serving)

- Chicken leg
- Chicken enchilada
- Lasagna
- Pork fried rice

1-2 vegetable your choice (palm size and thickness)

- Seasoned vegetable medley

1 starch your choice (palm size and thickness)

- Hashbrown casserole
- Smashed redskins
- Macaroni salad
- Cheesy pea salad

1 salad, Include 1 of each of the below per your preference with 1 TBSP Salad dressing

- Lettuce
- Cucumber
- Tomato
- Red onion
- Egg
- Crouton

1 soup choice

1 dessert choice

- Pumpkin cake
- Cherry cobbler a la mode

1 drink choice

- Tea
- Lemonade
- Coffee
- Water



A program supported by the Administration on Aging to promote nutrition and reduce isolation **through a partnership with Area Agency on Aging 3 and Apollo Garden Cafe**

Tip/gratuity is not included, please consider this when enjoying the services of this restaurant.



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