

# HEALTHY FOOD / HEALTHY YOU



**We want to aid in your recovery!** Good nutrition and remaining hydrated can help speed your recovery after illness or surgery and reduce chances for future hospitalizations. Please accept this voucher at no cost to you to receive meals delivered right to your home. If you are interested in finding out about further programs and services, please contact the Area Agency on Aging for further information.

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## HOW TO REDEEM MY VOUCHER

- This voucher is valid for 30 days from the distribution date.
- All vouchers expire and must be redeemed by September 1st, 2024.
- Please contact Simply EZ Meals to arrange services at: **1-866-618-3963** or **419-662-3963**
- Inform them you have been provided a voucher for home delivered meals courtesy of the Area Agency on Aging 3. Provide them your name and voucher number listed below.
- Your Simply EZ representative will arrange up to 14 meals per week, for 4 weeks post discharge. Quantities can be adjusted to meet your needs, but can not surpass the totals above.
- Attached you'll find Simply EZ's sample meals and menus for your reference only.
- Please contact the Area Agency on Aging 3 with any questions at: **1-800-653-7723**

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### STAFF USE ONLY:

**Voucher #:** \_\_\_\_\_  
**Distribution Date:** \_\_\_\_\_  
**Expiration Date:** \_\_\_\_\_  
**Name of Recipient:** \_\_\_\_\_