



OLD BARN Restaurant & Grill

DELUXE SALAD & HOT BAR

Served Wednesday – Saturday 11:00 to 3:00

Our Deluxe Salad Bar plus our Hot Bar that includes fried chicken and another meat selection, mashed potatoes, 2 veggies, homemade dinner rolls & cinnamon rolls and desserts.

Registered dietitian recommendations are as follows:

1 protein (palm size and thickness) or mixed entrée your choice (1 serving)

1-2 vegetables your choice (palm size and thickness)

1 starch your choice (palm size and thickness)

1 salad, Include 1 of each of the below per your preference with 1 TBSP Salad dressing

- Lettuce
- Cucumber
- Tomato
- Red onion
- Egg
- Crouton

1 dessert choice



BEVERAGES

Pepsi products, Milk, Coffee, Iced Tea

A program supported by the Administration on Aging to promote nutrition and reduce isolation **through a partnership with Area Agency on Aging 3 and Old Barn Restaurant & Grill.**

Tip/gratuity is not included, please consider this when enjoying the services of this restaurant.



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